Relationship between mothers' personality traits with perfectionism in their adolescent daughters

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Received 4 May 2014; received in revised form 25 January 2015; accepted 10 February 2015

Abstract
Aim: The aim of this study was to determine the relationship between personality traits of mothers and perfectionism of their adolescent daughters. Method: The research method was descriptive and correlational. The statistical population consisted of high school female students residing in Alborz Province. Based on Kerjcie-Morgan table (1970), a group of 380 students were selected using clustered random sampling. Data was collected using The NEO Personality Questionnaire (Costa and McCrae, 1985) for mothers and the Perfectionism Questionnaire (Hill, 2004) for their daughters. Correlation and regression analyses were performed on the data. Results: The Findings showed that neuroticism showed a positive correlation and openness to experience had a negative correlation with daughters’ maladaptive perfectionism. Also, responsibility and extraversion was positively correlated and neuroticism had a negative relationship with adaptive perfectionism. The Conclusions: Since neuroticism and openness to experience can predict maladaptive perfectionism in daughters, the role of mothers in this regards may be of critical importance. Hence, with proper training of mothers, maladaptive perfectionism in daughters may be prevented.

Keywords: adaptive perfectionism, adolescent girls, personality traits, maternal

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